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# Yoga in Paradise

## Vida Asana Yoga Retreat, Costa Rica

### November 2009

Make yoga memories in the beautiful Caribbean with us.

Airfare is NOT included but we will call for a group rate .

Located near the beautiful and exotic beach "Playa Hermosa" at the Central Pacific of Costa Rica. Included in your fee are: 2 wonderful yoga classes daily and all meals at retreat location. Optional day trips are canopy tour (did it last year and was a major highlight for me) waterfall trips, horse back riding, surf lessons and more.

Visit our site <http://www.centerforhealthandhealingnj.com/yoga/retreats.html>

FEE \$1300

This is our second trip to Costa Rica.

Call to reserve your space today!!!

